

# 4<sup>th</sup> Annual EDIBLE CITY CELEBRATION



Join San Diego Food Not Lawns in a weeklong celebration of growing and enjoying  
food in the city  
**August 23-29, 2009**

## **Schedule:**

**Sunday, August 23<sup>rd</sup> 1-2pm:** Guided Tour of the Hillcrest Farmers' Market (meet at JR Organics)

**Sunday, August 23<sup>rd</sup> 4-6pm:** Local Iron Chef: local celebrity chefs compete to make the best dish using local ingredients and one secret ingredient

**Monday, August 24<sup>th</sup>, 6-8pm:** Fermentation workshop

**Tuesday, August 25<sup>th</sup> 6-8pm:** CSA Meal Planning – Support local farms and learn how to plan healthy, simple meals around Community Supported Agriculture (CSA) boxes

**Wednesday, August 26<sup>th</sup> 6-8pm:** Documentary night

**Thursday, August 27<sup>th</sup>, 6-8pm:** Food preservation workshop

**Friday, August 28<sup>th</sup>:** Locavore Day – Whether lunch or dinner, dine at restaurant serving up the local flavors while supporting SD Food Not Lawns

**Saturday, August 29<sup>th</sup> noon-1pm:** Composting Workshop at City Heights Farmers' Market

**Saturday, August 29<sup>th</sup> 4pm-8pm :** Tomato/Herb tasting event and Potluck

For more information (locations/ times): [www.sdfoodnotlawns.com](http://www.sdfoodnotlawns.com) or 619-508-0374